AESTHETIC ACADEMY

October 12-13, 2019 • InterContinental San Diego

2019 CME PROGRAM GUIDE



This activity is jointly provided by Global Education Group and UBM.

This activity is supported by educational grants from Allergan, Galderma Laboratories, L.P., and Merz Aesthetics; and in-kind support from Allergan, Evolus, Galderma Laboratories, L.P., Merz Aesthetics, Suneva Medical, Benev, CosmoFrance, HansBiomed, NOVA Threads and Rejuvn8.





TRACK ONE Minimally Invasive Facial Rejuvenation Masterclass & Training

8 AMA PRA Category 1 Credits[™] available

SATURDAY, OCTOBER 12TH

8:00 am - 10:00 am	Advanced Facial Injectable Techniques Lectures 2 CME Credits	
	Moderator: Robert Troell, MD	
	Anatomy of the Consultation – LIVE! – Warren B. Seiler, III, MD	
	On & Off-Label Neurotoxin Tx Areas of the Face & Neck – Monica Bonakdar, MD	
	Injectables and PRFM – Nasir Mohammedi, MD	
	Prevention of Blindness & Skin Necrosis After Injecting HA Fillers – Garry R. Lee, MD	
10:00 am - 10:15 am	Break in Exhibit Hall	
10:15 am - 12:00 pm	Advanced Facial Injectables Techniques Live Demo Training 2 CME Credits	
-	Live Injectors: Monica Bonakdar, MD; Jonathan Kaplan, MD; Jeannine Kofford, MD; Nasir Mohammedi, MD; James Newman, MD; Christine Petti, MD; David Saadat, MD; Robert Troell, MD; Douglas Wu, MD	
	Room: Location to be announced during preceding lectures.	
12:00 pm - 1:00 pm	Lunch in the Exhibit Hall	
1:00 pm - 1:30pm	Break in the Exhibit Hall	
1:30 pm - 3:00 pm	Thread Lifting Techniques Lectures 2 CME Credits	
	Moderator: James Newman, MD	
	Thread Lifting in Your Aesthetic Practice: Techniques for Success, and Prevention and Management of Complications – Kian Karimi, MD	
	Structural Stability with Threads: A "Constructive" Review of Tips to Elevate Results with Threads – J.D. McCoy, NMD	
	The Novel Progression of PDO Lifting Threads: From Traditional Barbs to the Molded True Anchoring Tip – Richard Jin, MD	
3:00 pm - 3:15 pm	Break in the Exhibit Hall	
3:15 pm - 5:00 pm	Thread Lifting Techniques Live Demo Training 2 CME Credits	
	Live Trainers: Faisal Darwiche, NP; Richard Goldfarb, MD; Richard Jin, MD; Kian Karimi, MD; J.D. McCoy, NMD; James Newman, MD	
	Room: Location to be announced during preceding lectures.	

SUNDAY, OCTOBER 13TH

8:00 am - 9:30 am	Thread Lifting Techniques Lectures 2 CME Credits Moderator: Richard Goldfarb, MD
	Thread Lifting in Your Aesthetic Practice: Techniques for Success, and Prevention and Management of Complications – Kian Karimi, MD
	Structural Stability with Threads: A "Constructive" Review of Tips to Elevate Results with Threads – J.D. McCoy, NMD
9:30 am - 10:00 am	The Novel Progression of PDO Lifting Threads: From Traditional Barbs to the Molded True Anchoring Tip – Richard Jin, MD Break in the Exhibit Hall
10:00 am - 12:00 pm	Thread Lifting Techniques Live Demo Training 2 CME Credits
•	Live Trainers: Faisal Darwiche, NP; Richard Goldfarb, MD; Richard Jin, MD; Kian Karimi, MD; J.D. McCoy, NMD; James Newman, MD Room: Location to be announced during preceding lectures.
12:00 pm - 1:00 pm	Lunch in the Exhibit Hall
12:00 pm - 1:00 pm	Scientific Workshop 1 CME Credit
	A Common Sense Approach to Lawsuit Prevention, Medical License Protection and Tax Savings – Natalyn Lewis Room: Pacific B
1:00 pm - 2:45 pm	Advanced Facial Injectable Techniques Lectures 2 CME Credits
	Moderator: Robert Troell, MD
	Anatomy of the Consultation – LIVE! – Warren B. Seiler, III, MD
	On & Off-Label Neurotoxin Tx Areas of the Face & Neck – Monica Bonakdar, MD
	Injectables and PRFM – Nasir Mohammedi, MD
	Prevention of Blindness & Skin Necrosis After Injecting HA Fillers – Garry R. Lee, MD
2:45 pm - 3:00 pm	Break in the Exhibit Hall
3:00 pm - 5:00 pm	Advanced Facial Injectables Techniques Live Demo Training 2 CME Credits
	Live Injectors: Celia Brown, MD; Monica Bonakdar, MD; Jonathan Kaplan, MD; Jeannine Kofford, MD; Nasir Mohammedi, MD; Rebecca Small, MD; Robert Troell, MD; Douglas Wu, MD



5 AMA PRA Category 1 Credits[™] available

SATURDAY, OCTOBER 12TH

8:00 am - 9:15 am		
	Moderator: Gregory Chernoff, MD	
	Application of PRP in Hair Restoration - John Kahen, MD	
	Practical Use of Exosomes in Aesthetics and Anti-Aging: Instrumentation, Protocols and Training for Clinical Exosome Use - Allan Yang Wu, MD	
	The Importance of Nitric Oxide in Regenerative Medicine - Gregory Chernoff, MD	
9:15 am - 9:30 am	Break in the Exhibit Hall	
9:30 am - 10:45 am	Energy-Based Aesthetic Solutions 1.25 CME Credits	
	Moderator: Allan Yang Wu, MD	
	The Use of Lasers and Light in Skin of Color - Nina Desai, MD	
	Addressing the Treatment Gap with Energy-Based Aesthetics - Erez Dayan, MD	
	Litigation-Mitigation! Safe Practices for Energy-Based Devices - Patti Owens, RN	
10:45 am - 11:00 am	Break	
12:00 pm - 1:00 pm	Lunch in the Exhibit Hall	
1:00 pm - 1:30 pm	Break	
2:30 pm - 3:15 pm	A Brush with the Law - The Fundamentals of Compliance .75 CME Credit	
	Jay Reyero and Patti Owens, RN	
3:15 pm - 3:30 pm	Break	

SUNDAY, OCTOBER 13TH

8:00 am - 9:15 am	The Next Generation of Minimally Invasive Facial Rejuvenation 1.25 CME Credits Moderator: Erez Dayan, MD
	Enhanced Aesthetic Outcomes: How to Achieve Award Winning Results - Rebecca Small, MD
	Male Facial Rejuvenation - Kevin Sadati, MD
	The SIMI Neck Lift - John Kahen, MD
9:15 am - 9:30 am	Break in the Exhibit Hall
10:30 am - 10:45 am	Break in the Exhibit Hall
10:45 am - 12:00 pm	Emerging Trends & Treatments Panel Discussion 1.25 CME Credits
•	Moderator: Nasir Mohammedi, MD
	Panel: Erez Dayan, MD; Tess Mauricio, MD; Farhan Taghizadeh, MD; Douglas Wu, MD
12:00 pm - 1:00 pm	Lunch in the Exhibit Hall
12:00 pm - 1:00 pm	Scientific Workshop 1 CME Credit
	A Common Sense Approach to Lawsuit Prevention, Medical License Protection and Tax Savings - Natalyn Lewis
	Room: Pacific B
1:00 pm - 2:00 pm	A Scientific Approach to Skincare 1 CME Credit
	Moderator: Farhan Taghizadeh, MD
	Additional Faculty: Douglas Wu, MD
	The Essentials of Skincare: Scientific Rationale and Clinical Applications - Anne Marie McNeill, MD
	Advanced Combination Protocols for Skin Rejuvenation - Tess Mauricio, MD
3:00 pm - 3:15 pm	Break in the Exhibit Hall
3:15 pm - 5:00 pm	A New Body of Work - The Evolving Silhouette 1.75 CME Credits
	Moderator: Richard Goldfarb, MD
	Social Media and Cosmetic Expectations: The Good, The Bad and The Ugly - Tim Sayed, MD
	Clinical Study to Assess the 1060 nm Diode Laser for the Treatment of Contour Deformities Post-Liposuction - Christine Petti, MD

Target Audience

The Aesthetic Academy is formatted especially for medical professionals, including Physicians (M.D. & D.O.), Registered Nurses (R.N.), Nurse Practitioners (N.P.) and Physician Assistants (P.A.).

Statement of Need/Program Overview

The Aesthetic Academy is designed to bring the latest aesthetic knowledge, products and technologies together in an intensive and interactive educational format. The program for this meeting is designed to provide an educational format to counteract where there is a deficiency of live and hands-on demonstration training programs where physicians can acquire the knowledge necessary for effective, safe and high levels of patient care.

Educational Objectives

After completing this activity, the participant should be better able to:

- Appraise patients' needs for facial rejuvenation and provide consultation as necessary.
- Outline appropriate treatment modalities and duration of action required.
- Choose an appropriate dermal filler or neurotoxin based on the area of desired correction.
- Choose an appropriate thread/suspension suture product based on the treatment area and desired correction.
- Describe the aesthetic evaluation process, especially as it relates to assessing and restoring volume to the aging face.
- Demonstrate the advanced injection techniques required to obtain optimal results in the aging face.
- Select appropriate augmentation therapies based on patient characteristics, needs and goals.
- Distinguish how appropriate injection techniques and proper patient selection can minimize complications.
- Compare botulinum toxin and dermal filler treatment outcomes, safety, risks, complications, costs and benefits, among other factors that may be applicable to their practice.

Program Agenda

<u>Track 1: Minimally Invasive Facial Rejuvena-</u> <u>tion Techniques</u> October 12-13, 2019 – Advanced Facial

Injectable Techniques Global will provide up to 4.0 AMA PRA Category 1

Global will provide up to 4.0 AMA PRA Category I Credits[™] and contact hours for nurses for this session.

October 12-13, 2019 – Thread Lifting Techniques

Global will provide up to 2.0 AMA PRA Category 1 CreditsTM and contact hours for nurses for this session.

Track 2: General Aesthetics – A Never-Ending Evolution

October 12, 2019 – Regenerative

Aesthetics: A New Dimension in Anti-Aging Global will provide up to 1.25 AMA PRA Category 1 Credits™ and contact hours for nurses for this session.

October 12, 2019 – Energy-Based Aesthetic Solutions

Global will provide up to 1.25 AMA PRA Category 1 Credits™ and contact hours for nurses for this session.

October 12, 2019 – A Brush With the Law -Fundamentals of Compliance

Global will provide up to .75 AMA PRA Category 1 Credits™ and contact hours for nurses for this session.

October 13, 2019 – The Next Generation of Minimally Invasive Facial Rejuvenation Global will provide up to 1.25 AMA PRA Category 1

Credits[™] and contact hours for nurses for this session. October 13, 2019 – Emerging Trends &

Treatments Panel Discussion

Global will provide up to 1.25 AMA PRA Category 1 Credits[™] and contact hours for nurses for this session. October 13, 2019 – A Scientific Approach

October 13, 2019 – A Scientific Approach to Skincare

Global will provide up to 1 AMA PRA Category 1 Credits[™] and contact hours for nurses for this session.

October 13, 2019 – A New Body of Work – The Evolving Silhouette

Global will provide up to 1.75 AMA PRA Category 1 Credits™ and contact hours for nurses for this session.

Scientific Workshop

October 12-13, 2019 – A Common Sense Approach to Lawsuit Prevention, Medical License Protection and Tax Savings

Global will provide up to 1 AMA PRA Category 1 Credits[™] and contact hours for nurses for this session.

Physician Accreditation Statement

This activity has been planned and mplemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Global Education Group (Global) and United Business Media. Global is accredited by the ACCME to provide continuing medical education for physicians.

Physician Credit Designation

Global Education Group designates this live activity for a maximum of 13.0 AMA PRA Category 1 Credits[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Continuing Education

Global Education Group is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This educational activity for 13.0 contact hours is provided by Global Education Group. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Global Contact Information

For information about the accreditation of this program, please contact Global at 303-395-1782 or cme@globaleducationgroup.com.

Instructions for Obtaining Credit

In order to receive credit, participants must complete the evaluation, posttest, and application for credit. Each participant will receive a link to complete this in the email they registered with. Upon completion, participants will be able to download and save/print their certificate.

Fee Information& Refund/ Cancellation Policy

There is a fee for this educational activity.

Disclosure of Conflicts of Interest

Global Education Group (Global) requires instructors, planners, managers and other individuals and their spouse/life partner who are in a position to control the content of this activity to disclose any real or apparent conflict of interest they may have as related to the content of this activity. All identified conflicts of interest are thoroughly vetted by Global for fair balance, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations.

The planners and managers reported the following financial relationships or relationships to products or devices they or their spouse/life partner have with commercial interests related to the content of this CME activity:

Name of Planner or Manager	Reported Financial Relationship
Ashley Marostica, RN, MSN	Nothing to Disclose
Lindsay Borvansky	Nothing to Disclose
Andrea Funk	Nothing to Disclose
Liddy Knight	Nothing to Disclose
Ashley Cann	Nothing to Disclose
Erin Velardo	Nothing to Disclose
Tawni Bosiljevac	Nothing to Disclose
Michele Hyson	Nothing to Disclose
Mindy Millat	Nothing to Disclose

The faculty reported the following financial relationships or relationships to products or devices they or their spouse/life partner have with commercial interests related to the content of this CME activity:

Name of Faculty or Presenter	Reported Financial Relationship	
Hatem (Tim) Abou-Sayed, MD	Stock/Shareholder: Modernizing Medicine, Strathsprey Crown Holdings	
Monica Bondakar, MD	Speaker's Bureau: Allergan	
	Advisory Board: Aesthetics Biomedical	
Celia Brown, MD	Nothing to disclose	
Faisal Darwiche, NP	Nothing to disclose	
Nina Desai, MD	Nothing to disclose	
Richard Jin, MD	Advisory Board: Miracu	
John Kahen, MD Nothing to disclose		
Jonathan Kaplan, MD	Consultant/Indepenent Contractor: KP Innovations LLC	
	Stock Shareholder: KP Innovations LLC	
Kian Karimi, MD	Consultant/Independent Contractor: InMode	
	Grant/Research Support: Galderma	
	Honoraria: Cynosure	
	Speaker's Bureau: Cynosure	
	Advisory Board: Sutura, Prollenium, Alastin, CosmoFrance	
	Stock Shareholder: Sutura, Airelle, CosmoFrance	
Garry Lee, MD	Consultant/Independent Contractor: AccuVein	
	Honoraria: Allergan, Air-Tite, Carestream, Cellular Medicine Association	
	Speaker's Bureau: Allergan, Air-Tite, Carestream, Cellular Medicine Association	
	Other/Royalty: Aire-Tite Instructor, Lee Aspirator Inventor/Part Owner, Amazon.com Microcannula Book	
	Sales	
	Advisory Board: Allergan	
Natalyn Lewis	Nothing to disclose	
Tess Mauricio, MD	Honoraria: Healeon Medical, Tulip Medical	
J.D. McCoy. NMD	Consultant/Independent Contractor: Apyx, BTL, Amp, Suneva	
	Honoraria: BTL, Suneva	
	Advisory Board: Apyx	
	Stock Shareholder: Apyx	
Anne Marie McNeill, MD	Nothing to disclose	
Patricia Owens, RN	Consultant/Independent Contractor: Rockwell Laser Industries, Fortec Medical, LIA	
	Honoraria: Meeting Design - Cosmetic Boot Camp, A+MD	
	Stock Shareholder: Hold ownership in AestheticMed Consulting International LLC and Online Laser Training	
	(OLT) USA LLC, however, no stock issued	
	Other/Royalty: Malady/Cengage Publishers for co-authoring a book AKH - E-learning sales of OLTUSA	
Christine Petti, MD	Nothing to disclose	
Jay Reyero	Nothing to disclose	
Kevin Sadati, MD	Nothing to disclose	
Warren B. Seiler III, MD	Nothing to disclose	
Jay Shorr	Nothing to disclose	
Chris Stock	Stock/Shareholder: SalesMD	
Robert Troell, MD	Nothing to disclose	
Allan Wu, MD	Consultant/Independent Contractor: R3GEN.com	
	Grant/Research Support: R3GEN.com	
	Advisory Board: R3GEN.com	
Douglas Wu, MD, PhD	Consultant/Independent Contractor: Allergan, Galderma, Candela	
	Grant/Research Support: Galderma	
	Honoraria: Allergan, Galderma, Candela	
	Speaker's Bureau: Allergan, Candela	

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Disclaimer

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> This activity is support by educational grants from Allergan, Galderma Laboratories, L.P, and Merz Aesthetics; and in-kind support from Allergan, Galderma Laboratories, L.P, Suneva Medical, Merz Aesthetics, HansBiomed, CosmoFrance and NOVA Threads.